

Starting Adoration for Vocations in your Parish



7 Simple Steps

- STEP 1.** Personally commit to praying a weekly holy hour for vocations using the resources you will distribute within your parish. Pray intentionally for your parish, the intercession of your parish patron saint and your Pastor(s).
- STEP 2.** Research the names of those in your parish who assist your Pastor with establishing faith formation, prayer or parish programs. In smaller parishes it could be your Pastor or Deacon. In medium or large growing parishes, it could be the Director of Faith Formation, Director of Parish Services or Director of Liturgical Services. You can find the names and contact information from the parish website under "staff."
- STEP 3.** Call the parish and personally request a meeting with the individual who is responsible for securing the time and parish resources (bulletin/e-newsletter, etc.). Let them know you have a new exciting prayer program to help grow the vocations among your parishioners. Ask about the protocol for seeking the pastor's permission and take the appropriate steps.
- STEP 4.** Pray before your meeting. Come prepared by knowing what is included in your resources, what you will be asking of this person, offering copies of the resources:
- See VAN Store- "How to start Adoration for Vocation in your Parish" starter packet.
- "A Guided Holy Hour, Adoration for Vocations" booklet
 - "A Meditation before the Blessed Sacrament" tri-fold pamphlet
- STEP 5.** During the meeting you will be requesting parish resources (church space, clergy time for exposition, meditation, invocations, benediction and reposition of the Blessed Sacrament, the copy machine to copy your handouts, bulletin space, etc). Therefore, commit yourself to following through and being a main contact person for those who will have questions about the "Adoration for Vocations" parish initiative. Leave the meeting with a tentative start date and confirmation of promotion of the Holy Hour for Vocations information in all parish communications.
- STEP 6.** After the meeting, send a thank you note to the person you met with and ask them if they have any further questions. Prepare a bulletin announcement to email to the parish point person who prepares the parish bulletin.
- STEP 7.** Pray for perseverance and continue to build upon your initiative with email reminders to those who sign up for the Holy Hour to inspire and encourage them as their prayers are being heard.

Give thanks to the Lord for he is good!